



Dawn Hewitt, HHC

Dawn Hewitt (born Kingston, Jamaica, W.I.), to parents who were both brought up in the countryside of Jamaica. Her mother Georgia grew up on a farm in St. Catherine and raised her children to appreciate natural foods and herbal cures. With that foundation and lifelong curiosity about the healing power of food, Dawn pursued her certification as a Holistic Health Counselor in 2002 through The Institute for Integrative Nutrition and later, a degree in Fashion Design in 2006. Most recently she spent 4 years helping to manage an African art gallery and event center in Central Florida called Three Masks Inc.

In 2017, after struggling with her health for an extended period of time, Dawn was diagnosed with an autoimmune condition called Graves' Disease. This devastating disease caused her to lose a dangerous amount of weight among other life changing symptoms. Through this traumatic experience, Dawn has renewed her desire to help others which prompted her to share her story through videos on Facebook. She shares her personal journey on recovering from Graves' Disease by both natural methods and western medication.

Dawn is the founder of an upcoming YouTube video series called Gluten-Free Orlando. Her other interests include: Fashion Design, Traveling, Reading, and Writing later this year

I Am A True Survivor 365!

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KUOMagazine's Ribbons of Survivors 365 "Graves' Disease" Ambassador 2019

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