

DR. PATRICIA SMITH BIOGRAPHY

KUOMagazine's Dietitian/Nutrition Journalist

September 2020 - Present



Dr. Smith is a graduate of Bethlehem Teachers College in Jamaica West Indies. She holds a bachelor's degree in Home Economics Education and a master's degree in Food Science and Nutrition from the University of Wisconsin-Stout, a master's degree in Health Care Administration from Herzing University and she has earned her Doctoral Degree from Nova Southeastern University-Florida.

She is a Registered and Licensed Nutrition Dietitian/Nutritionist who has over twenty-five years of experience in the areas of food and nutrition. Dr. Smith has had a wealth of food and nutrition experiences as she has worked in several primary care, long-term care as well as acute hospital settings. She is also an Educator and has taught several nutrition and health related courses at the

secondary and College levels. Currently she is a professor of Nutrition and Dietetics at one of the local Universities in Florida.

Dr. Smith loves to travel and also enjoys being involved in activities that can benefit her community. She is an active member in many Civic Organizations and has received numerous academic and community awards and recognition.

She is an active member of the Mount Olive SDA Church in Orlando, FL where she serves as usher, Bible Bowl Coach, Sabbath School Superintendent, Director of the Adventurer Club just to name a few. Her life's motto is "*I can do all things through Christ who strengthens me*" and "Trust in the Lord with all thine heart and lean not to thine own understanding, in all thy ways acknowledge Him and He shall direct your path. Her professional motto is "*Good Nutrition is the Key to Better Health*".

At this time, please give your undivided attention to this WOMAN OF GOD who has a message from God for the people of God.

Nutritionally yours,

Dr. Patricia Smith

Registered & Licensed Dietitian/Nutritionist

Professor of Human Nutrition & Health

Former President, Jamaican-American Association of Central Florida Inc. (JAAOCF)

Email: psmith1569@aol.com

"Good Nutrition is the Key to Better Health".